

NEWSLETTER

NEWSLETTER 2 - SEPTEMBER 2019

WE ARE UNDER WAY

Thank you to all new and returning members, we are now two weeks in and most things are running reasonably smoothly. There are still areas that we are looking to improve and if you have any feedback about anything than please do not hesitate to talk to a committee member. On this note, our next committee meeting will be held at Club Macquarie on 14th, October at 6.45pm and we would love to see you there.

TRIAL NIGHTS

It was great to see lots of new faces trialing at our club and we hope you enjoyed our carnivals. If you are keen to keep participating in Little Athletics with Mac hunter now is the time to register. The link can be found on our website or go to www. lansw.com.au Rego packs will be ready for pick up on Friday night if registrations are completed by midday Thursday. Please note due to LA's regulations no unregistered athletes can compete in any age group due to insurance purposes. If you have any problems with registrations please contact Michelle at: registrar@ machunter.com.au

WEEKLY COACHING SESSIONS

Don't forget all athletes are welcome to come along to our weekly club training on a Wednesday night from 5.30 to 7.30pm. The registration packs included a training card that must be shown for free entry into these sessions. It is a great way to learn some new skills and improve techniques and knowledge. Each week we will focus on skills and development specific to a range of events for all ages.

VOLUNTEERS

Thank you to all those families who have already assisted during set up, pack up and the BBQ. Please feel free to jump in and give a hand to set up sand pits and hurdles at the beginning of the night or help tidy up pits towards the end. If it is getting late and you are the last age group on a pit or field event you can help out by tidying up equipment to be collected. The BBQ was a success and we would like to continue this as a fortnightly event. A volunteer roster is available for the season and it would be appreciated if you could nominate a date or two that would suit you to assist in any of these areas.

NOTICEBOARD

If you haven't already checked out the notice board, it has important information about our club and up coming event for both junior and senior athletes. So check it out!

REMINDERS FOR AGE CONTROLLERS

- A reminder to marshall for track events on the outside of the track all too easy to step out on the track accidentally, or be in the starters line of sight.
- For pack-start events, have another parent wait for an available multi timer at the finish line, this must be returned to the timing desk ASAP after taking your print out.
- If results dont match the printout. e.g if kids change lanes, please note on the result sheet to help the recorder.

COMING UP

Wednesday 25th September Training Night 5.30pm - 7.30pm

Friday 27th September Carnival #3

Saturday 28th September AWD Carnival #4

Wednesday 2nd October Training Night 5.30pm - 7.30pm

Friday 4th October Carnival #4 BBQ Night



Saturday 5th October AWD Carnival #5

Wednesday 9th October Training Night 5.30pm - 7.30pm

Friday 11th October Carnival #5

Saturday 12th October AWD Carnival #6

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